

# History and Physical Examination

Nombre (y apellido): \_\_\_\_\_ Fecha de nacimiento: \_\_\_\_\_ Edad: \_\_\_\_\_

Dirección: \_\_\_\_\_ Ciudad: \_\_\_\_\_ Estado: \_\_\_\_\_ Zip: \_\_\_\_\_

Teléfono Casero: \_\_\_\_\_ Teléfono Del Trabajo: \_\_\_\_\_ Celular: \_\_\_\_\_

Social Security No: \_\_\_\_\_ Sexo: Male Female ID Verified: ( ) TDL ( ) TID ( ) Other: \_\_\_\_\_

## Section I: Compruebe todos los artículos que se apliquen, Más Allá de o Presente Historia De la Salud

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> Estas agarrando Meidicamiento, Dental, Mental, Ayuda , tratamiento o terapia<br><br><input type="checkbox"/> Asma / Dificultad Respiratoria<br><input type="checkbox"/> Enfermedad De la Pulmón<br><input type="checkbox"/> Tuberculosis<br><input type="checkbox"/> Enfermedad del corazón<br><input type="checkbox"/> Anemia / desorden de sangre<br><input type="checkbox"/> Hemophilia / Bleeding disorders<br><input type="checkbox"/> Alta presion<br><input type="checkbox"/> Enfermedad del Riñón / Diálisis<br><input type="checkbox"/> Diabetes<br><input type="checkbox"/> Enfermedad de Tiroides<br><input type="checkbox"/> Enfermedad de gastrointestinales<br><input type="checkbox"/> Problemas del Intestino<br><input type="checkbox"/> Estómago nervioso<br>El vomitar, náusea<br><input type="checkbox"/> Hernia<br><input type="checkbox"/> Meses faltados de arregla<br><input type="checkbox"/> Hepatitis<br><input type="checkbox"/> Cáncer / Leukemia / Tumores<br><input type="checkbox"/> Enfermedad Muscular | <input type="checkbox"/> Cabeza o lesión de la espina dorsal<br><input type="checkbox"/> Cuerpo derformado<br><input type="checkbox"/> Deformidades Del Cuerpo alguna falsiada de coyunturas<br><input type="checkbox"/> Enfermedad Infecciosa<br><input type="checkbox"/> Desabilidad de enfermedad<br><input type="checkbox"/> Inhabilidad de la enfermedad<br><input type="checkbox"/> Has sido rechazado por participar en campamiento o deportes por razones de enfermedad?<br><input type="checkbox"/> Desorden de Nervios<br><input type="checkbox"/> Nerviocidad<br><input type="checkbox"/> Desorden Psiquiátrico<br><input type="checkbox"/> Suicidio attempt/Thoughts<br><input type="checkbox"/> Problemas de Salud Mentales<br><input type="checkbox"/> El Sudar / Temblores<br><input type="checkbox"/> Asimientos, Convulsiones,<br><input type="checkbox"/> Retraso Mental | <input type="checkbox"/> ADD / ADHD / Autism / heperatino<br><input type="checkbox"/> Medicación de la Alergias<br><input type="checkbox"/> Alergias del Alimento<br><input type="checkbox"/> Allergies (con plantas)<br><input type="checkbox"/> Alergias (mordidas de insectos)<br><input type="checkbox"/> Allergies (con aminales)<br><input type="checkbox"/> Sensativo con el Sol<br><input type="checkbox"/> Pesadia o camnina en su sueno<br><input type="checkbox"/> Problema con orina en cama<br><input type="checkbox"/> Constipacions / Diarrea<br><input type="checkbox"/> Sale sangre de la nariz frecuente<br><input type="checkbox"/> Dolores de cabeza Frecuente<br><input type="checkbox"/> Mosion de enfermedad<br><input type="checkbox"/> Mareos o demayos<br><input type="checkbox"/> Hospitalización / Cirugías (s) | <b>Assistive / Dispositivos Correctivos</b><br><br><input type="checkbox"/> Lentes ópticas<br><input type="checkbox"/> Lentes de contacto<br><input type="checkbox"/> Prótesis de oído<br><input type="checkbox"/> Dentaduras <input type="checkbox"/> Detenedor<br><input type="checkbox"/> Marca de pasos<br><input type="checkbox"/> Dieta Especial<br><input type="checkbox"/> Apoyo de la espina dorsal / Apoyo del cuello<br><input type="checkbox"/> Muada especial o soporte<br><input type="checkbox"/> Reemplazos comunes<br><input type="checkbox"/> Limbs/protesis artificial<br><input type="checkbox"/> Cane/Crutches/Walker<br><input type="checkbox"/> Silla de ruedas<br><input type="checkbox"/> Furgoneta Del Sillón de ruedas<br><input type="checkbox"/> Otras especiales necesidades<br><input type="checkbox"/> Medicación /Prescriptions<br><input type="checkbox"/> Inhaler |
|---|--|---|--|

REMARKS: \_\_\_\_\_

## Section II MEDICAL PROFESSIONAL USE ONLY (Check if normal; Circled if abnormal) N/A - Deferred

General Appearance: Neat Poor Hygiene Behavior: Alert Orientated Non-aggressive Aggressive Confused Dis-orientated

|                                  |                          |  |
|----------------------------------|--------------------------|--|
| Height                           | Weight                   | Blood pressure /   |
| Heart Rate                       | Grip Rt. _____ Lt. _____ | Respirations _____ Temp N/A                                |
| Vision Rt.20/ _____ Lt.20/ _____ | Pupils Equal Unequal     | Hearing Rt. _____ Lt. _____                                |
| Eyes                             | Ears                     | Nose   |
| Mouth/Throat                     | Heart                    | Pulses   |
| Lungs                            | Abdomen                  | Hernia umbilical, inguinal, femoral                        |
| Upper Extremity ROM              | Lower Extremity ROM      | Skin   |
| Neck ROM                         | Back ROM                 | DTR's Biceps, Triceps, Brach, Patellar, Achilles, Babinski |

- No medical restrictions are indicated:   
  Accommodations recommended:   
  Recommended medical restrictions / limitations:  
 Unable to perform essential functions or "significant risk" possible:   
  Recommend further evaluation / treatment:

Remarks/Comments: \_\_\_\_\_

*Joseph H. Lones III, DC*  
 10102 North Lamar Blvd  
 Austin, TX 78753  
 (512) 835-1955

Physician Signature \_\_\_\_\_

Date \_\_\_\_\_

**Section III: Health Care & Camp Permission** *Camper/Parent /Guardian(s) must initial & sign statements below:*

\_\_\_\_ I give my permission for first aid techniques & simple health care to be administered as the need arises. I understand in the event of any serious injury or illness on the part of myself or my child, the camp officials reserve the right to seek professional medical attention including but not limited to consultation with medical director, EMS transportation, and hospitalization.

\_\_\_\_ I give permission for myself or my child, in consultation with the Camp Health Supervisor and/or the medical director's standing orders to be given the following medications as indicated below:

\_\_\_ Acetaminophen (i.e. Tylenol)    \_\_\_ Ibuprofen (i.e Advil)    \_\_\_ Decongestant (i.e Sudafed)    \_\_\_ Antihistamine (i.e Benadryl)  
\_\_\_ Antihistamine Cream    \_\_\_ Antibacterial Ointment    \_\_\_ Antacid Tablet (i.e Tums)    \_\_\_ Additional Medications as indicated/Rx by Medical Director

\_\_\_\_ All campers may be screened for signs & symptoms of illness (i.e. elevated oral temp.) and contagious disease / infestation (i.e lice), and may be denied participation based on such findings until resolved.

I hereby attest that all information listed on this form is complete and accurate to the best of my knowledge, and that the camper is in acceptable health, physical ability, and emotionally ready to fully participate in camp. I grant my permission as the camp mentioned on this form to participate in all activities associated with the enrolled event(s) with the exceptions that are noted by physician or myself.

Camp physicals are performed to determine if camper is suitable, physically, mentally and emotionally to participate with camping related activities. Camp physicals are not intended to substitute regular health maintenance examinations. The purpose of the examination is to screen for life-threatening or disabling conditions, and screen for conditions that may predispose to injury or illness. In all cases the physical examination may not identify all potential problems that may be present.

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*

**Section IV: Camper Restriction(s)** *(as defined by camper, parent/guardian or physician)*

Camper requires a special dietary regimen / modification. \_\_\_\_\_

Camper is under care of a medical professional. \_\_\_\_\_

Activity camper should not participate. \_\_\_\_\_

Does camper require specialized care outside the scope of standard childcare? \_\_\_\_\_

**Section V: Medication Record** *All prescription and non-prescription medication must be labeled with camper's name and current dosage. Dosage of non-prescription(s) may not exceed product recommendation without physician's written orders.*

| Medication | Dosage | Frequency | Purpose |
|------------|--------|-----------|---------|
| 1.         | _____  | _____     | _____   |
| 2.         | _____  | _____     | _____   |
| 3.         | _____  | _____     | _____   |