

## PATIENT INFORMATION

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

HM Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_ Work: \_\_\_\_\_

Email: \_\_\_\_\_ Preferred method of contact:  Phone  Email  Text

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender:  Female  Male Social Security No: \_\_\_\_\_

Race:  White  Hispanic  Black/African American  American Indian/Alaskan  Asian  Pacific Islander  Multi-racial

Ethnicity:  Hispanic or Latino  NON-Hispanic or Latino  Cuban  Unknown or declined to disclose

Marital Status:  Married  Single  Single with Partner  Widowed  Separated  Divorced

Spouse / Partner Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact Info: Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Next of Kin: Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Mother's Maiden Name: \_\_\_\_\_ (For electronic access of records)

## CURRENT SYMPTOMS or ACCIDENT or INJURY

Type of care requested today:  New accident/Injury  New problem  Old problem  Re-activation of old problem  Maintenance

Date of accident / injury or date symptoms began: \_\_\_\_\_

Please describe your Accident or Injury: **What happen to cause your Injury?** \_\_\_\_\_

What was injured: **Where do you hurt?** \_\_\_\_\_

Prior treatment for this condition / Injury:  No  Yes If yes Where: \_\_\_\_\_

Is the current pain from:  new accident  old Injury Date symptom(s) began:  \_\_\_\_\_ or  Gradual Onset

What makes the pain better?: \_\_\_\_\_

What makes it worse?: \_\_\_\_\_

How often is the pain?: \_\_\_\_\_ When is the pain worst (AM or PM)?: \_\_\_\_\_

Does the pain radiate, travel or shoot anywhere?:  No  Yes If yes where: \_\_\_\_\_

Have you had any changes in your health? (ie. new diagnosis, accident(s), injury(s) surgery, therapy, cancer, tumors, diabetes, heart problem, blood pressure, stroke, seizures, thyroid. or other problems? **Yes No**

Medication(s) / Conditions:  NONE  Cancers/tumors  Diabetes  Kidney/Liver  Hepatitis  Auto-Immun  HIV  Blood Pressure  Stroke  
 Heart problems  Meningitis  Mental disorders  Seizures  GU/GI  Respiratory  Spinal problems  Arthritis  Bone  Soft Tissue  
 Birth Control  Muscle relaxers  Pain Killers  Anti-Inflammatory  Anti-Depressants  Antibiotics  Hormones  Thyroid Meds  Inhaler  
 Allergy Meds  Steroid's  other(s) **O-T-C Medications:**  NONE  Aspirin  Tylenol  Ibuprofen(Advil, Motrin)  Naproxen(Aleve)   
Creams(Icy Hot, Ben Gay)  Allergy Medications  other(s) \_\_\_\_\_

Vitamin / Nutritional Supplements:  NONE  Multi-vitamin  Vit. A  Vit. B  Vit. C  Vit. D  Vit. E  Vit. K  Pre-natal  Calcium  Herbs  
 Naturalpathic /Homeopathic Remedies  other(s) \_\_\_\_\_

Other Current Conditions which may affect treatment outcome:  Obesity  Poor Physical Condition  Sedentary Lifestyle  Disability  Age  
 Occupation  Diabetes  Smoker  Coffee/tea Drinker  Alcohol Drinker  Soda Drinker  High Blood Pressure  Arthritis  other(s) \_\_\_\_\_

OTHER TREATMENTS RECEIVED:  ER  MD/DO/NP  Chiropractor/Acupuncture  Pain Management  Physical Therapist  
 Psychologist  Counselor  Massage  TENS unit  Medication  O-T-C Medication  Home Treatment  Rest

**ADDITIONAL SYMPTOMS**

Since the Motor Vehicle Collision, have you experienced any of the following:

- A. Loss of Range of Motion: yes no
a. What body parts:
B. Visual Disturbance: yes no blurring l/r floaters l/r vision loss l/r hypersensitivity l/r
C. Dizziness: yes no
D. Anxiety: yes no
E. Depression: yes no
F. Difficulty Sleeping: yes no
G. Problems Walking: yes no

**OCCUPATION INFORMATION**

Occupation: Supervisor:
Employer: Supervisor Phone:
Employer Address: City: State: Zip:
How long employed: Work Hours: Missed any work? No Yes How Much:
Describe your normal work duties:

**FINIANCAL RESPONSIBILIY**

Insurance: Major Medical / Health Work Comp (Slip and Fall) Liability Automobile Attorney Cash
Insurance Company Name: Phone:
Address: City: State: Zip:
Claim / Policy Number: Attorney Name:

Please note we will make a photocopy of your Picture ID, Divers License, Insurance Card, Attorney Card, and Police Report.

All fees are due and payable at the time of service, unless other arrangement has been made in advance. I understand that I am personally responsible for the total amount of remaining charges on my account. I understand that if this account payment balance is due within 30 days of service. After 30 days interest charges of (1.5% / month or 18% annually) for unpaid balance and \$5.00 billing charge for each time you are billed. If sent to collection all collection fees, attorney fees, court fees and other related fees will also apply. X-rays remain the property of this clinic. Thank You.

I, undersigned, herby give permission for treatment and.

(X) 12. PATIENTS AUTHORIZED PERSON'S SIGNATURE: I Authorize the release of any medial or other information necessary to process this claim. I also request payment of benefits to the party who accepts assignment below.

(X) 13. INSURED'S OR AUTHORIZED PERSON'S SIGNATURE: I authorize payment of medical benefits to the undersigned physician or supplier for services described on itemized statement or claim form..

(X) Benefits have been assigned to the doctor please pay the doctor direct.

(X) The Insurance company or attorney is authorized and directed to make check out and mail settlement check of the claim to Joseph H. Lones III

(X) I hereby authorize the doctor who treats me to designate his assistants to administer treatment as he so deems necessary.

X Date:

## PREVIOUS HEALTH HISTORY

**Illness:**  None  Mumps  Measles  Rubella  Chicken Pox  Whooping Cough  TB  HIV  Communicable Disease

**Vaccinations:**  Measles  Rubella  Chicken Pox  Whooping Cough  Hepatitis  Meningitis  Pneumonia  Flu

**Prior Injury:**  None  Automobile Accident  Work Comp injury(s)  Sports Injury  Slip and Fall

**Prior Treatments:**  None  ER  MD/DO  Chiropractor/Acupuncture  Physical Therapist  Psychologist  Counselor  Massage

**Prior History:**  None  Pregnancy  Hospitalization  Surgery  Serious Conditions  Accidents  Fractures

**Allergies:**  None  Medication  Food  Stinging Insects  Pollen/grasses  Environment  Latex  Dogs/cats  Chemicals  Other

## FAMILY HISTORY

**Prior Surgeries / Hospitalizations:**  None

|                   |                          | Family                   |                     |                          | Family                   |                 |                          | Family                   |
|-------------------|--------------------------|--------------------------|---------------------|--------------------------|--------------------------|-----------------|--------------------------|--------------------------|
| Condition         | Self                     | Member                   | Condition           | Self                     | Member                   | Condition       | Self                     | Member                   |
| Cancer/Tumors     | <input type="checkbox"/> | <input type="checkbox"/> | Heart Disease       | <input type="checkbox"/> | <input type="checkbox"/> | Spinal Problems | <input type="checkbox"/> | <input type="checkbox"/> |
| Diabetes          | <input type="checkbox"/> | <input type="checkbox"/> | High Blood Pressure | <input type="checkbox"/> | <input type="checkbox"/> | Arthritis       | <input type="checkbox"/> | <input type="checkbox"/> |
| Kidney/Liver      | <input type="checkbox"/> | <input type="checkbox"/> | Stroke              | <input type="checkbox"/> | <input type="checkbox"/> | Asthma          | <input type="checkbox"/> | <input type="checkbox"/> |
| GU/GI             | <input type="checkbox"/> | <input type="checkbox"/> | Seizures            | <input type="checkbox"/> | <input type="checkbox"/> | Addiction(s)    | <input type="checkbox"/> | <input type="checkbox"/> |
| Auto-Immun        | <input type="checkbox"/> | <input type="checkbox"/> | Mental Disorder(s)  | <input type="checkbox"/> | <input type="checkbox"/> | Headaches       | <input type="checkbox"/> | <input type="checkbox"/> |
| Hepatitis         | <input type="checkbox"/> | <input type="checkbox"/> | Meningitis          | <input type="checkbox"/> | <input type="checkbox"/> | Bone            | <input type="checkbox"/> | <input type="checkbox"/> |
| Thyroid Disorders | <input type="checkbox"/> | <input type="checkbox"/> | Bleeding Disorders  | <input type="checkbox"/> | <input type="checkbox"/> | Soft Tissue     | <input type="checkbox"/> | <input type="checkbox"/> |
| Respiratory       | <input type="checkbox"/> | <input type="checkbox"/> | Other               | <input type="checkbox"/> | <input type="checkbox"/> | <b>NONE</b>     | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>NONE</b>       | <input type="checkbox"/> | <input type="checkbox"/> | <b>NONE</b>         | <input type="checkbox"/> | <input type="checkbox"/> |                 |                          |                          |

## PERSONAL & SOCIAL HISTORY

**Children:**  No  Yes Names/ages: \_\_\_\_\_

**Religious Affiliation:**  NONE  Catholic  Protestant  Jewish  Muslim  Hindu  Buddhist  Other

**Hobbies / Leisure Activities:** \_\_\_\_\_

(Gardening, playing with children/Grand children, cards/games, walking, hiking, swimming, exercising, swimming, sewing, softball, soccer, dancing, social events, theater, reading etc)

**Exercise:**  Walk/Run/Jog  Aerobic  Workout/Gym  Weights/Bands/Machines  Stretching/Yoga  Bike  Swim  Sports

**Diet:**  Regular American Diet  Vegetarian Diet  Diabetic Diet  Gluten Free  Low Calorie Diet  Junk Food  none  some

**Appetite Good:**  Yes  No **Do you skip meals:**  Yes  No **Do you sleep well?**  Yes  No How many hours: \_\_\_\_\_

**Drinks:**  Water mostly or some  Fruit Drinks  Coffee  Tea  Soda  Alcohol How many/ How often: \_\_\_\_\_

**Smoking:**  No one smokes at home  Never Smoked  Quit When \_\_\_\_\_  Trying to quit  Smokes: \_\_\_\_\_

**Sex:**  Not sexually active  Sexually active:  Birth Control Method: \_\_\_\_\_

**Addictions:** \_\_\_\_\_

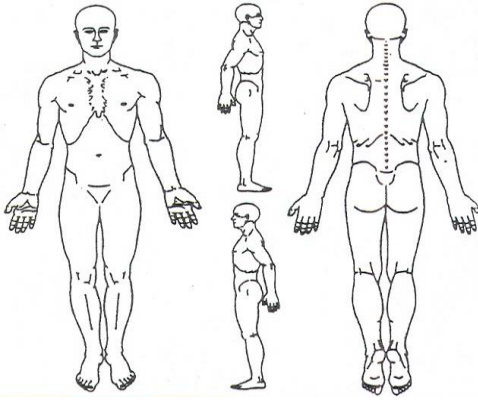
(Smoking, alcohol, drugs, coffee, tea, soda, sugar, carbohydrates,, fat's, exercise, TV, Computer, video games, gambling, sex, etc.)

**Stressors: What cause you stress:** \_\_\_\_\_

(Traffic, School, Work, Inability to Work, Money Problems, Bills, Car Damage, Insurance Company, Children, Spouse, Neighbors, Driving, Pain, Disability)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# SUBJECTIVE DAILY



Please shade problems areas

New Injury or symptom(s)?  Yes  No  
Any changes in symptoms since last visit?  Yes  No  
 Improved  Unchanged  Regressed  
Pain Scale 0-10 (10=worse) .....Today is \_\_\_\_\_  
Percentage time bothersome 0-100 (100 =Constant) \_\_\_\_\_

Initials: \_\_\_\_\_

W/C  MVA  S/F  Sports  Other DOI: \_\_\_\_\_

## How are your symptoms changing with time?

- Getting Worse  Staying the Same  Slightly Better  Much better  Resolved

## Description of Pain & Symptoms:

- Sharp  Dull  Diffuse  Achy  Burning  Shooting  Squeezing  Cramping  Numbness  Tingling  
 Tightness  Stiffness  Loss of Strength  Weakness  Loss of Motion  Feels Asleep  
 Sharp with Motion  Stabbing with Motion  Shooting with Motion  Electric Like with Motion

## Activities Affected:

- Bending  Squatting  Stooping  Kneeling  Leaning  Twisting  Turning  Rotating  Nodding  Balance  
 Reaching  Pushing  Pulling  Elevating  Lifting  Carrying  Standing  Walking  Climbing  Crawling  
 Sitting  Getting Up  Getting Down  Lying  Sleeping  Riding  Driving  Opening Things  
 Loss or Decreased Grip Strength  Loss or Decreased Motion  Loss or Decreased Fine Motion  Fatigue  Nausea

## How much is the problem interfering with your **house work / home activities**?

- Not at all  Little bit  Moderately  Quite a bit  Extremely

## How much is the problem interfering with you **leisure / social activities**?

- Not at all  Little bit  Moderately  Quite a bit  Extremely

## How much is the problem interfering with your **work or school**?

- Not at all  Little bit  Moderately  Quite a bit  Extremely

**Working:**  No  Yes  Full Time  Part Time  Full Duties  Limited Duties

**Home Treatment:**  Rest  Heating pad  Hot showers/Hot baths  Cold pack  Cold showers/baths  
 Hot tub, Jacuzzi, Sauna  Massage  Stretches/Yoga  Exercise  
 Creams  Icy Hot  Ben Gay  Bio-Freeze  Skinner's Salve  
 Aspirin  Tylenol  Ibuprofen (Advil)  Naproxen (Aleve)  Medication(s)

**How often do you experience your symptoms?**  Constantly (76-100% of the time)  Frequently (51-75% of the time)  
 Occasionally (26-50% of the time)  Intermittently (1-25% of the time)

## Severity of Symptoms

- Minimal**– When the symptoms or signs constitute an annoyance but cause **no impairment** in the performance of a particular activity.  
 **Slight** – When the symptoms or signs can be tolerated but would cause **some impairment** in the performance of an activity that precipitates the symptoms or signs.  
 **Moderate** - When the symptoms and signs would cause **marked impairment** in the performance of an activity that precipitates the symptoms or signs.  
 **Marked** – When the symptom or signs **preclude any activity** that precipitates the symptoms or signs

Name: \_\_\_\_\_ Date: \_\_\_\_\_

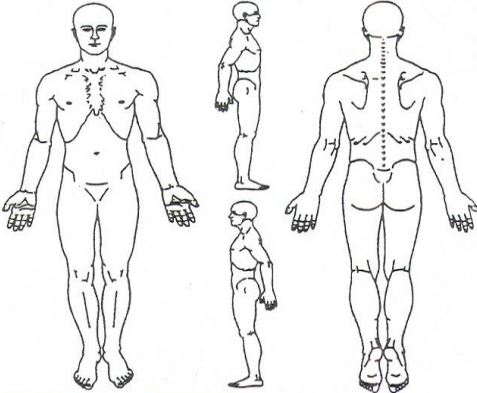
# PROPOSED TREATMENT PLAN

DIAGNOSIS:  739.1  739.2  739.3  728.85  784.  \_\_\_\_\_  \_\_\_\_\_  \_\_\_\_\_  \_\_\_\_\_  \_\_\_\_\_

Initial  Subsequent

FREQUENCY X's DURATION: \_\_\_\_\_ X's \_\_\_\_\_ X's \_\_\_\_\_ X's \_\_\_\_\_

## PHYSICAL MEDICINE:



## MANIPULATION:

Occ C SH AT T L P S P RIBS Rt. Lt. UE Rt. Lt. LE

Mild  Activator  Anterior Thor  Side Posture  Drop  Pierce

Treatment perform without incident  Continue current treatment plan as prescribed.

Modify plan next visit: \_\_\_\_\_  Referral: \_\_\_\_\_

Improved  Unchanged  Regressed  Exacerbation  Aggravated  Re-Injured

Approaching MMI

Restricted Motion: C SH T L SI Tenderness/Pain C SH T L SI

Misalignments fixations: C SH T L SI Asymmetry: C SH T L SI

Edema/Swelling: C SH T L SI Spasm/rigidity: C SH T L SI

5X 4X 3X 2X 1X Weeks Monthly PRN Released

Office Visit (99013) (Re-exam) (99213)  EMS (97014-G0283)  Therapeutic Exercise (97110)

Manipulation (Spinal) (98940-98942)  Hot/Cold Packs (97010)  Bio-Freeze  Massage (97124)

Manipulation (Extra-spinal) (98943)  Mechanical Traction (97012)  Attended EMS (97132)

Manual Traction (97140 Flex-Distract)  Diathermy (97024)  NMR (97112)

Axial Traction (Decompression) (97012)  Ultrasound (97032)  Therapeutic Activity (97530)

Treatment perform without incident  Continue current treatment plan as prescribed.  Modify plan next visit: \_\_\_\_\_

Referral: \_\_\_\_\_

Improved  Unchanged  Regressed  Exacerbation  Aggravated  Re-Injured  Approaching MMI

**Home Treatment:**  Rest  Heating pad  Hot showers/Hot baths  Cold pack  Cold showers/baths

Hot tub, Jacuzzi, Sauna  Massage  Stretches/Yoga  Exercise

Creams  Icy Hot  Ben Gay  Bio-Freeze  Skinner's Salve

Aspirin  Tylenol  Ibuprofen (Advil)  Naproxen (Aleve)  Medication(s) \_\_\_\_\_

Patient is advised to continue Rx & additional care recommended by other providers: MD, DO, NP/PA, PT, OT, MT, ACU, etc.

**Complicating Factors (factors which may affect outcome and length or amount of treatment):**  Obesity  Diabetes

Smoker  High Blood Pressure  Arthritis  Disability  Sedentary Lifestyle  Age  Physical Condition  Diet  Medication

Occupation  Prior Accident/Injury  Mechanism of Injury  Other Medical Conditions  Exacerbation  Aggravated  Re-Injured

**Treatment Goals:**  Decreased Pain  Decreased stiffness/tightness  Increase Range of Motion  Increased ADL

**Measurements (any may be used):**  Pain Scales  Patient's Descriptions  Examination Findings  OATS

**Anticipated Outcomes:**  Excellent  Good  Fair  Poor

with full compliance.  with some compliance.  with minimal to some compliance.  with no compliance.

**Optimal Treatment Outcomes (improved with):**  Keeping appts  Supplements  Plenty of Rest  Exercise  Proper Diet

Avoidance of Aggravating Factors

**Recommended Re-examinations:**  Every 30-60 days while under active treatment.  1X year for Maintenance Patients.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## REVIEW OF SYSTEMS

### CONSTITUTIONAL:

Generally Healthy  No changes  No Problems

changes in appetite/weight  fatigue/malaise/lethargy  fever  night sweats  changes sleeping pattern

### EYES:

Normal vision

tearing  visual changes  eye pain  eye discharge  double vision  floaters  scotomas (blind spots)

### ENT:

No Problems

nasal drainage  ear drainage  hearing loss  sinus pressure  sore throat  difficulty swallowing  hoarseness

### INTEGUMENTARY (SKIN) /BREAST:

No Problems

rashes  pruritus (itching)  lesions  dryness and/or discoloration  eczema  psoriasis  Breast pain  discharge

### CARDIOVASCULAR:

No Problems

high blood pressure  chest pain  claudication  edema  irregular heart beat / palpitation's  heart problems

### RESPIRATORY:

No Problems

shortness of breath  prolonged cough  wheezing  sputum production  known tuberculosis exposure

### GASTRO-INTESTINAL:

No Problems

constipation  diarrhea  abdominal pain  nausea  vomiting  blood in stools  unexplained change in bowel habits

### GENITO-URINARY:

No Problems

painful urination  frequent urination  urgency  bladder problems  impotence  hematuria (blood in the urine)

### MUSCULOSKELETAL:

No Problems other than the chief complaints

rheumatoid arthritis  gout  spinal surgery  joint surgery  arthritis  scoliosis  joint pain  swelling.

### NEUROLOGICAL:

No Problems other than the chief complaints

headaches  weakness  change in sensation  problems with walking or balance  dizziness, tremor, loss of consciousness

### PSYCHIATRIC:

No Problems

insomnia  irritability  depression  anxiety  recurrent bad thoughts  mood swings  hallucinations  compulsions.

### ENDOCRINE:

No Problems

thyroid problem  hormonal replacement therapy  diabetes  menstrual irregularities  changes in sex drive

### ALLERGIES/ IMMUNOLOGIC:

No problems

seasonal allergies  food allergies  environmental allergies  hay fever symptoms  itching  frequent infections  HIV

### HEMATOLOGIC/LYMPHATIC:

No Problems

easy bleeding  easy bruising  anemia  abnormal blood tests  leukemia  swelling (lymphadenopathy)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Auto Accident Mechanism of Injury Form

**Date of Collision:** \_\_\_\_\_ **Hour of Accident:** \_\_\_\_\_ **AM / PM**

Please describe how the collision happened: \_\_\_\_\_  
 \_\_\_\_\_

What was your position in the car? (Circle) **Driver / Front Passenger / Left Rear / Right Rear**

If "Driver", were your hands on the steering wheel? **Both / Left / Right** Did the airbags deploy? **Yes / No**

Did you strike another vehicle? **Yes / No** Did another vehicle strike your vehicle? **Yes / No**

Angle of Impact: **Front / Back / Left / Right / Other:** \_\_\_\_\_

If Second Collision – Angle of 2<sup>nd</sup> impact: **Front / Back / Left / Right / Other:** \_\_\_\_\_

1) In relation to the back of your head, was your headrest set: **Low / Middle / High**

2) Were you surprised by the impact? **Yes / No** If "NO", how did you brace? **With Hands / With Feet**

3a) Where was your head facing at the time of impact? **Straight Ahead / Left / Right / Behind**

3b) Were you leaning forward at the time of impact? **Yes / No**

4) What type and year of vehicle were you in? \_\_\_\_\_

4a) What was the approximate speed of your vehicle when the accident occurred? \_\_\_\_\_ mph

5) What type and year of vehicle struck yours? \_\_\_\_\_

5b) What was the approximate speed of the other vehicle when the accident occurred? \_\_\_\_\_ mph

6) Were you wearing a seatbelt? **Yes / No** What type: **Lap Belt / Shoulder Belt / Both**

7) Did you feel pain immediately after the accident? **Yes / No** Were you rendered unconscious as a result of the accident? **Yes / No**

Did you strike anything in the vehicle at the time of impact? **Yes / No** If "YES", specify what part of your body struck what: (i.e. head, chest, chin, shoulder, knee, etc.)

|   |  |
|---|--|
| <input type="checkbox"/> Steering Wheel | <input type="checkbox"/> Windshield      |
| <input type="checkbox"/> Dashboard      | <input type="checkbox"/> Roof            |
| <input type="checkbox"/> Left Side Door | <input type="checkbox"/> Right Side Door |
| <input type="checkbox"/> Left Window    | <input type="checkbox"/> Right Window    |
| <input type="checkbox"/> Other          |  |

**Did your seat break or bend?** **Yes / No**

**Immediately following the accident, how did you feel?** (Circle all that apply) **Dizzy / Dazed / Weak / Upset Disoriented / Nervous / Nauseous** **Other:** \_\_\_\_\_

**Police and Ambulance:**

Was the accident reported to the police? **Yes / No** Were traffic citations issued? **Yes / No** If "YES", to whom? \_\_\_\_\_

Did you go to the hospital **Yes / No** If "YES", when? \_\_\_\_\_ If "YES", how did you get there? **Ambulance / Police Car / Private Transportation**

Were you admitted? **Yes / No** If "YES", how long? \_\_\_\_\_

Name of Hospital? \_\_\_\_\_ Attended by Dr. \_\_\_\_\_

What treatment given? (Circle all that apply) **None / X-rays / Pain Medication / Stitches / Muscle Relaxants / Bandaged / Cervical Collar**

**Physical Therapy / Instructed Regarding Concussion / Instructed Regarding Sprains & Strains / Instructed to Call an Orthopedist /**

**Instructed to Call a Private Physician / Referred to This Office / Other:** \_\_\_\_\_

What other doctor have you seen as a result of this injury? \_\_\_\_\_

Do you have difficulty in excessive: **Standing / Walking / Riding / Bending / Twisting** Do you have difficulty in excessive lifting: **Light / Moderate / Heavy / Repetitive** Symptoms other than above: \_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Duties Under Duress & Loss of Enjoyment Summary

Complete the following summary as it relates to your lifestyle, living and work duties and how the injury(s) are affecting your performance. List the day to day living duties which are painful or difficult for you to perform as a result of the injuries you sustained in the motor vehicle collision. Include those duties/responsibilities which require that you reduce the time you are capable of performing them. Include all instances where you have received lifting, stretching, bending, sitting, standing, walking or other restrictions which affect your performance.

| Work | Reason for the difficulty | Duration |
|------|---------------------------|----------|
|------|---------------------------|----------|

Job Description: \_\_\_\_\_

|                  |                |       |
|------------------|----------------|-------|
| ↑Lifting         | Increased Pain | _____ |
| ↑Bending         | Increased Pain | _____ |
| ↑Sitting         | Increased Pain | _____ |
| ↑Walking         | Increased Pain | _____ |
| ↑Computer Duties | Increased Pain | _____ |
| Other: _____     | Increased Pain | _____ |

| Studies/School | Reason for the difficulty | Duration |
|----------------|---------------------------|----------|
|----------------|---------------------------|----------|

|                  |                |       |
|------------------|----------------|-------|
| ↑Lifting         | Increased Pain | _____ |
| ↑Bending         | Increased Pain | _____ |
| ↑Sitting         | Increased Pain | _____ |
| ↑Walking         | Increased Pain | _____ |
| ↑Computer Duties | Increased Pain | _____ |
| ↑Studying        | Increased Pain | _____ |
| Other: _____     | Increased Pain | _____ |

| Domestic Duties | Reason for the difficulty | Duration |
|-----------------|---------------------------|----------|
|-----------------|---------------------------|----------|

|                      |                   |       |
|----------------------|-------------------|-------|
| ↑Vacuuming           | Increased Pain    | _____ |
| ↑Taking Care of Kids | Increased Anxiety | _____ |
| ↑Cleaning            | Increased Pain    | _____ |
| ↑Preparing Meals     | Increased Pain    | _____ |
| Other: _____         | Increased Pain    | _____ |

| Household Duties | Reason for the difficulty | Duration |
|------------------|---------------------------|----------|
|------------------|---------------------------|----------|

|                   |                   |       |
|-------------------|-------------------|-------|
| ↑Yardwork         | Increased Pain    | _____ |
| ↑Transportation   | Increased Anxiety | _____ |
| ↑Shopping         | Increased Pain    | _____ |
| ↑Taking Out Trash | Increased Pain    | _____ |
| Other: _____      | Increased Pain    | _____ |

| Sports | Reason for the difficulty | Duration |
|--------|---------------------------|----------|
|--------|---------------------------|----------|

|              |       |       |
|--------------|-------|-------|
| ↑Social      | _____ | _____ |
| ↑Competitive | _____ | _____ |
| ↑Regional    | _____ | _____ |
| Other:       | _____ | _____ |

Name: \_\_\_\_\_ Date: \_\_\_\_\_



# North Lamar Chiropractic Center

(512) 835-1955

(512) 835-4424 (FAX)

North LamarChiropractic@gmail.com

Joseph H. Lones, III DC

10102 North Lamar Bld.

Austin, TX 78753

## HIPAA NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This Notice of Privacy describes how we may use and disclose your protected health information (PHI) to carry our treatment, payment or health care operations (TPO) for other purposes that are permitted or required by law. "Protected Health Information" is information about you, including demographic information that may identify you and that related to your past, present, or future physical or mental health or condition and related care services.

### **Use and Disclosures of Protected Health Information:**

Your protected health information may be used and disclosed by your physician, our staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, pay your health care bills, to support the operations of the physician's practice, and any other use required by law.

**Treatment:** We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care to you. For example, your health care information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

**Payment:** Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

**Healthcare Operations:** We may disclose, as needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical students, licensing, marketing, and fund raising activities, and conduction or arranging for other business activities. For example, we may disclose your protected health information to medical school students that see patients at our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We may use or disclose your protected health information in the following situations without your authorization. These situations included as required by law, public health issues, communicable diseases, health oversight, abuse or neglect, food and drug administration requirements, legal proceedings, law enforcement, coroners, funeral directors, and organ donation. Required uses and disclosures under the law, we must make disclosures to you when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500.

**OTHER PERMITTED AND REQUIRED USES AND DISCLOSURES WILL BE MADE ONLY WITH YOUR CONSENT, AUTHORIZATION OR OPPORTUNITY TO OBJECT UNLESS REQUIRED BY LAW.**

You may revoke this authorization, at any time, in writing, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

Signature \_\_\_\_\_

# North Lamar Chiropractic Center

(512) 835-1955  
(512) 835-4424 (Fax)  
NorthLamarChiropractic@gmail.com

Joseph H. Lones, III DC  
10102 North Lamar Bld.  
Austin, TX 78753

## Informed Consent Document

**To the Patient:** Please read this entire document prior to signing it. It is important that you understand the information contained in this document. Please ask questions before you sign if there is anything that is unclear.

### The nature of the chiropractic adjustment.

The primary treatment used by doctors of chiropractic is spinal manipulative therapy, I will use that procedure to treat you. I may use my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible "pop" or "click," much as you have experienced when you "crack" your knuckles. You may feel a sense of movement.

### Analysis / Examination / Treatment

As a part of the analysis, examination, and treatment, you are consenting to the following procedures:

\_\_\_ spinal manipulative therapy \_\_\_ palpation \_\_\_ vital signs \_\_\_ range of motion testing \_\_\_ orthopedic testing \_\_\_ basic neurological testing \_\_\_ muscle strength testing \_\_\_ postural analysis testing \_\_\_ ultrasound \_\_\_ hot/cold therapy \_\_\_ EMS \_\_\_ radiographic studies \_\_\_ traction \_\_\_ Other (please explain)

**Initials:** \_\_\_\_\_ Patient should initial here indicating all procedures are consenting to, and **SCRATCH OUT** all procedures **NOT CONSENTING** to.

### The material risks inherent in chiropractic adjustment

As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. The Doctor will make every reasonable effort during the examination to screen for contraindications to care; however if you have a condition that would otherwise not come to the Doctor's attention it is your responsibility to inform the Doctor.

### The probability of those risks occurring.

Fractures are rare occurrences and generally result from some underlying weakness of the bone which we check for during the taking of your history and during examination and X-ray. Stroke and /or arterial dissection caused by chiropractic manipulation of the neck has been the subject of ongoing medical research and debate. The most current research on the topic is inconclusive as to a specific incident of this complication occurring. If there is a causal relationship at all it is extremely rare and remote. Unfortunately, there is no recognized screening procedure to identify patients with neck pain who are at risk of arterial stroke.

### The availability and nature of other treatment options.

Other treatment options for your condition may include:

- Self-administered, over-the-counter analgesics and rest
- Medical care and prescription drugs such as anti-inflammatory, muscle relaxants and pain-killers
- Hospitalization
- Surgery

If you chose to use one of the above noted "other treatment" options you should be aware that there are risks and benefits of such options and you may wish to discuss these with your primary medical physician.

### The risks and dangers attendant to remaining untreated.

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

### CONSENT TO TREATMENT (MINOR)

I hereby request and authorize Joseph H Lones III, DC (AKA North Lamar Chiropractic Center) to perform diagnostic tests and render chiropractic adjustments and other treatment to my minor son/daughter: \_\_\_\_\_ . This authorization also extends to all other doctors and office staff members and is intended to include radiographic examination at the doctor's discretion.

As of this date, I have the legal right to select and authorize health care services for the minor child named above. (If applicable) Under the terms and conditions of my divorce, separation or other legal authorization, the consent of a spouse/former spouse or other parent is not required. If my authority to so select and authorize this care should be revoked or modified in any way, I will immediately notify this office.

### DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE. PLEASE CHECK THE APPROPRIATE BLOCK AND SIGN BELOW

[ ] I have read or [ ] have had read to me the above explanation of the chiropractic adjustment and related treatment. I have discussed it with Joseph H Lones III, DC and have had my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.

Print Patient's Name: \_\_\_\_\_

Doctor's Name: Joseph H. Lones III, DC

Signature: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_

Signature (Parent or Guardian (if a minor): \_\_\_\_\_

Add here

Check list form

Add here

functional disability index form.